



American Rescue Plan Act (ARPA) Mental Health

Public Safety Committee

August 16, 2022

Presented by: Maria Villagómez, Deputy City Manager

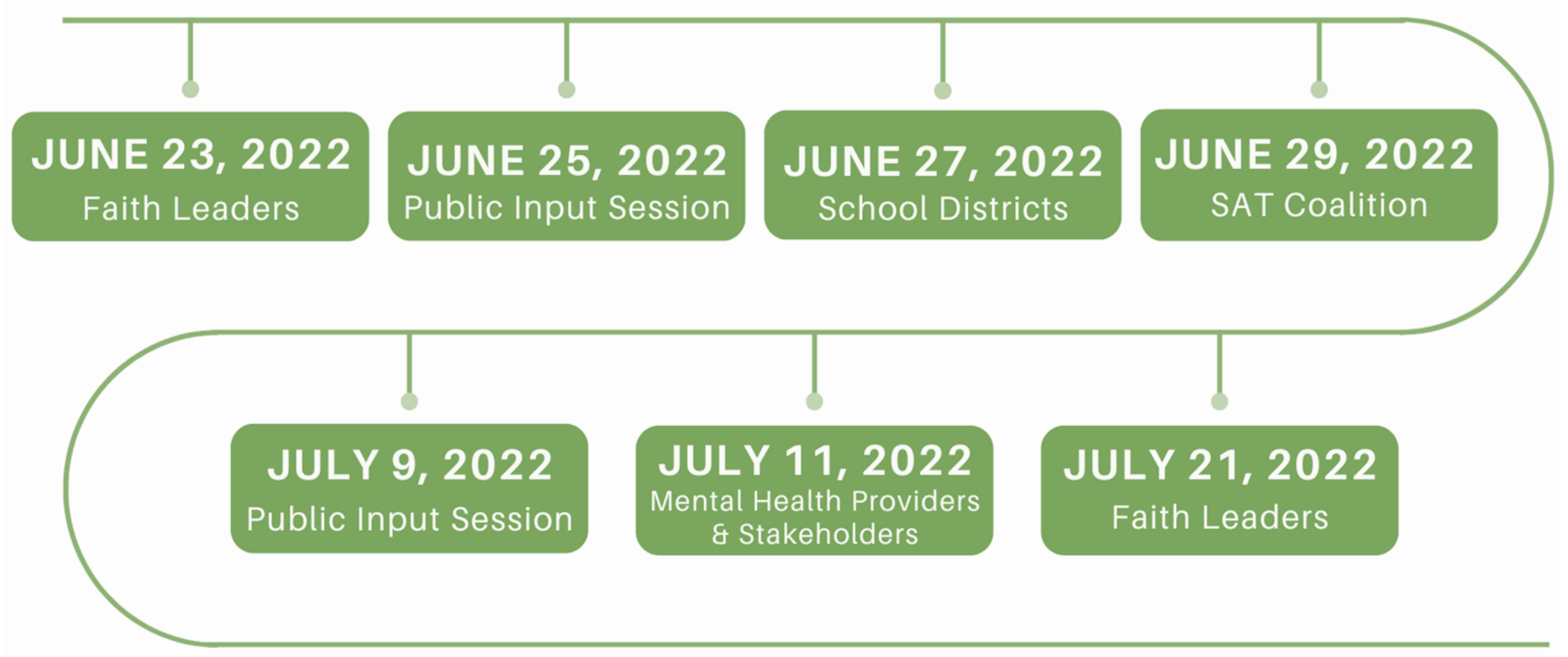
Presentation Overview



- Results of Stakeholder Engagement
- Proposed Implementation Plan
- Timeline and next steps

COMMUNITY INPUT

Timeline of Meetings



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101 Comments received

2

Public Input
Sessions

57

Attendees

2

Meetings with
Faith Leaders

89

Attendees

2

Meetings with
Providers &
Stakeholders

62

Attendees

1

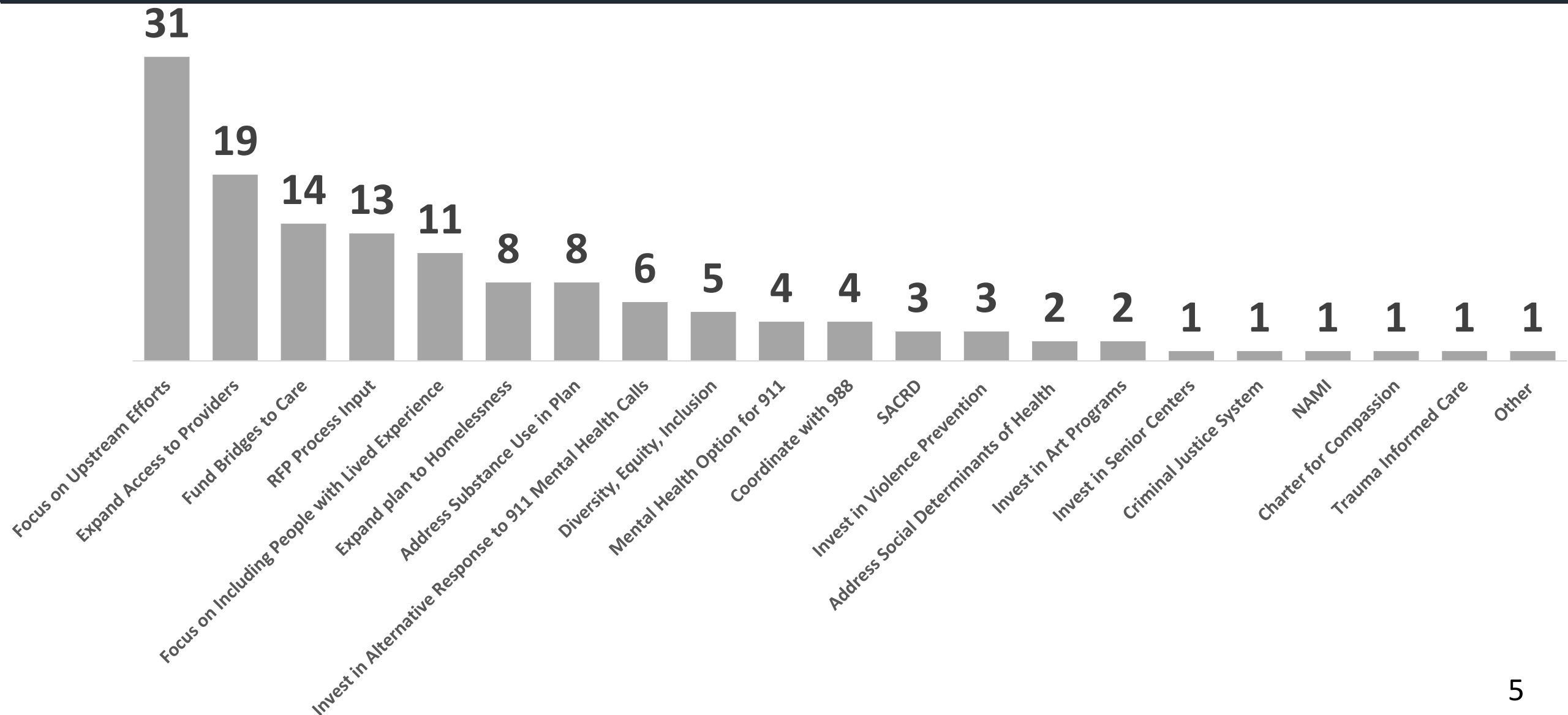
Meeting with
School Districts

10

Districts in
Attendance

COMMUNITY INPUT

Comments Results



ARPA Mental Health Plan Development

1

Identify
COVID-19
Impact



2

Programs/
strategies
benefiting
community
members
affected by
impact



3

Desired
Outcomes
& Metrics



4

Two Year
Plan
2023 & 2024



Recommended Mental Health Implementation Plan

	Strategy/Program	City Programs	Competitive Process (RFP)	Total (In Millions)
Youth	Access to Mental Health		\$12.75	\$15.0
	Project Worth and Stand Up SA	\$0.75		
	Diagnostic Services		\$1.5	
Older Adults	Navigation Programs		\$0.5	\$5.0
	Social Interaction	\$2.5	\$1.7	
	Caregiver Program		\$0.3	
Homeless	Chronic and Unsheltered Veteran Homeless		\$1.0	\$5.0
	Youth Aging Out of Foster System		\$4.0	
Collaboration	Framework for upstream systems	In-Kind – Metro Health		\$1.0
	Education campaign/ 988 hotline		\$1.0	
Total in Millions		\$3.25	\$22.75	\$26.0

Recommended Mental Health Plan

Youth

Three Strategies to address increased social isolation, anxiety, and depression

1. Expand Mental Health Service Access for Youth ages 12 to 19
 - Target: Census tracks with high concentration of
 - Mental Health Hospitalizations
 - 911 Calls
 - Equity Atlas Score 6 and Higher
2. Expand Metro Health Project Worth Teen Ambassador and Stand Up SA Programs for youth ages 12 to 19
3. Diagnostic Services and Family Plan Development for children up to the age of 6
 - Target: Census tracks with equity atlas score of 6 and higher

Recommended Mental Health Plan

Older Adults

Three Strategies to address increased social isolation, anxiety, and depression

1. Expand Navigation Programs
2. Increase social interaction activities and programs
 - Expand opening hours at City Comprehensive Senior Centers (Pilot Program)
3. Caregiver Program Services and Coaching
 - Target: Census tracts with equity atlas score of 6 and higher

Recommended Mental Health Plan

Homeless

Two Strategies to address increased homeless population with mental health and substance abuse

1. Connect Chronic and Unsheltered Veteran Homeless to Mental Health, Substance Abuse, and Housing Resources
2. Outreach and Services to Youth Aging Out of the Foster Care System

Recommended Mental Health Plan Collaboration

Four Strategies to address behavioral health programs in Bexar County where COVID-19 has exacerbated existing conditions

Collaborate with partners to:

1. Establish a framework to serve and align upstream systems and organizations
2. Recommend/Identify a central phone number to respond to pre-crisis calls from individuals needing support and navigation
3. Public Education Campaign to address mental health stigma
4. Evaluate recently deployed 988 line for mental health

RFP – Eligibility & Scoring

- Eligibility
 - Nonprofit Organizations (501 (c) 3)
 - Faith-Based Organizations
 - Public Entities (non-COSA)
 - Minimum of 2 years in operation
 - Demonstrate disproportionate COVID-19 impact
- Scoring Criteria
 - 30 Points: Experience Background and Qualifications
 - 40 Points: Proposed Plan
 - 20 Points: Budget
 - 10 Points: Evaluation, Innovation, and/or Continuity of Effective Programming



Request for Proposal Timeline





Staff recommends the Public Safety Committee moves this item forward to City Council for consideration at the September 1st “A” Session.



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